

UNITED STATES DISTRICT COURT  
WESTERN DISTRICT OF WASHINGTON  
AT SEATTLE

TAMI K.,

Plaintiff,

V.

**COMMISSIONER OF SOCIAL SECURITY,**

Defendant.

CASE NO. C19-5324 BAT

**ORDER AFFIRMING THE  
COMMISSIONER'S DECISION AND  
DISMISSING THE CASE WITH  
PREJUDICE**

Plaintiff appeals the denial of her application for Supplemental Security Income and Disability Insurance Benefits. She contends the ALJ erred by improperly discounting medical testimony, her testimony, and lay testimony, and by basing the step-five evaluation on an incomplete residual functional capacity (“RFC”) assessment. Dkt.13. The Court **AFFIRMS** the Commissioner’s final decision and **DISMISSES** the case with prejudice.

## BACKGROUND

Plaintiff states primarily a physical disability along with mental-health limitations, alleging an onset date of February 13, 2015. Tr. 17, 48. Her applications were denied and the ALJ held a November 2017 hearing. Tr. 42–84. In a March 2018 decision, the ALJ determined that plaintiff had the severe impairments of severe musculoskeletal impairment of the spine with back pain and sciatica, status post-lumbar spinal fusion; depressive and anxiety-related disorders;

1 and obesity. Tr. 20. The ALJ assessed that plaintiff has the RFC to perform sedentary work with  
2 additional limitations: she can work six hours out of eight in a sedentary posture; she can work  
3 on the feet or standing, or in combination, for no more than two hours; she requires a sit/stand  
4 alternating option, not to be frequently utilized, meaning that she can be expected to work on her  
5 feet, if needed, for 30 minutes or more, and can work seated for at least two hours or more; she is  
6 limited to no fast-paced production demands or other unusual work stressors, such as frequent  
7 travel to unfamiliar places or accepting mandatory overtime. Tr. 23. Although the ALJ  
8 determined plaintiff could not perform any of her past relevant work, he found at step five there  
9 are jobs that exist in significant numbers in the national economy plaintiff can perform. Tr. 34–  
10 35. The ALJ therefore found plaintiff was not disabled. Tr. 35.

## 11 DISCUSSION

12 The Court will reverse the ALJ’s decision only if it was not supported by substantial  
13 evidence in the record as a whole or if the ALJ applied the wrong legal standard. *Molina v.*  
14 *Astrue*, 674 F.3d 1104, 1110 (9th Cir. 2012). The ALJ’s decision may not be reversed on account  
15 of an error that is harmless. *Id.* at 1111. Where the evidence is susceptible to more than one  
16 rational interpretation, the Court must uphold the Commissioner’s interpretation. *Thomas v.*  
17 *Barnhart*, 278 F.3d 947, 954 (9th Cir. 2002).

18 Plaintiff contends the ALJ erred by: (1) misevaluating the 2017 opinion of treating  
19 physician Richard Faiola, M.D.;<sup>1</sup> (2) misevaluating the opinion of non-examining, reviewing  
20 physician Brent Packer, M.D.; (3) discounting plaintiff’s testimony; (4) rejecting lay testimony

21  
22 <sup>1</sup> Although plaintiff referred to challenging the ALJ’s handling of Dr. Faiola’s “opinions,” Dkt.  
23 13, at 1, her brief offers discussion only about the rejection of Dr. Faiola’s October 12, 2017  
“Treating Opinion that Plaintiff’s Chronic Sacrum and Low Back Pain and Reduced Stamina  
Due to Pain Limited Her to Working 4 Hours Most Days with Frequent Rest Breaks and Postural  
Changes,” Dkt. 13, at 4. See Dkt. 13, at 4–8.

1 by plaintiff's husband; and (5) basing the step-five evaluation on a faulty RFC. Dkt. 13. Plaintiff  
2 has failed to demonstrate the ALJ's interpretation of the medical or testimonial evidence is  
3 unreasonable, unsupported by substantial evidence, or based on harmful legal error.

4 **1. Opinion of Treating Physician Dr. Faiola**

5 Where, as here, there is a conflict in medical opinions, the ALJ must provide specific and  
6 legitimate reasons supported by substantial evidence for rejecting the opinion of treating  
7 physician Dr. Faiola.<sup>2</sup> *Tommasetti v. Astrue*, 533 F.3d 1035, 1041 (9th Cir. 2008). Although  
8 plaintiff argues otherwise, the Court finds the ALJ cited specific and legitimate reasons for  
9 discounting Dr. Faiola's opinion.

10 In October 2017, Dr. Faiola provided a medical opinion. In full, Dr. Faiola stated:

11 This patient has a single point cane that she finds useful when out  
12 of the house, walking more than a few blocks.

13 Her chronic pains have been well documented in her record.  
14 Primarily sacrum, low back, R foot. Most of her symptom[s] at all  
15 sites are from osteoarthritis generated, that will wax and wane.

16 Recliner seating is better for her than regular seated posture.

17 She does do her housework with considerable effort and  
18 discomfort, sometimes requiring assistance to complete.

19 Her symptoms significantly limit her work options – mostly to  
20 positions where she could change posture frequently with rest  
21 breaks etc. Stamina limited to about 4 hours, most days.

22  
23 Tr. 586. The ALJ gave little weight to Dr. Faiola's opinion because (1) it appeared to be based  
more on plaintiff's subjective complaints than on objective findings, e.g., plaintiff's use of a cane  
appeared to be personal preference rather than medical prescription, Tr. 32 (citing Tr. 546–86);

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<sup>2</sup> In contrast to Dr. Faiola, non-examining, reviewing physician Robert Bernardez-Fu, M.D., opined that plaintiff could perform a range of sedentary work, including past work. Tr. 120–26.

1 and (2) it was internally inconsistent with objective medical findings and diagnostic testing,  
2 observed by Dr. Faiola and neurologists, that indicated generally normal to variable sensation in  
3 the lower extremities and normal gait and balance, Tr. 32 (citing Tr. 498–502, 512–14, 538–45,  
4 551, 567, 579, 581–83, 587–89); *see also* Tr. 25–28 (citing Tr. 434–35, 442, 449, 453, 456, 458–  
5 59, 461–62, 539–40, 543–44, 549, 562, 565, 568, 574). These reasons were specific, legitimate,  
6 and supported by substantial evidence.

7 First, an ALJ may discount a treating provider’s opinions that are based largely on self-  
8 reports rather than on clinical evidence when, as here, the ALJ also properly discounts a  
9 claimant’s testimony. *See Ghanim v. Colvin*, 763 F.3d 1154, 1162 (9th Cir. 2014). At the same  
10 appointment in which Dr. Faiola was provided with disability forms to fill out, he noted  
11 references to a post-operative MRI showed “no significant pathology” and observed that  
12 plaintiff’s gait, station, balance, and movement of extremities were normal. *See* Tr. 28, 567–68.  
13 Similarly, although plaintiff testified a cane was medically prescribed, there is no record of such  
14 a prescription, Dr. Faiola’s October 2017 opinion refers to the cane merely as “useful,” Tr. 586,  
15 and Dr. Faiola’s clinical notes observe repeatedly plaintiff is “walking freely though with a SPC  
16 [single-point cane],” *see, e.g.*, Tr. 568, 571.

17 Second, the ALJ reasonably discounted Dr. Faiola’s October 2017 opinion about the  
18 severity of plaintiff’s limitations because an MRI of plaintiff’s tailbone and nerve conduction  
19 studies were negative and neurological examinations revealed largely normal findings, such as  
20 normal gait, sensation, and motor strength. *See* 20 C.F.R. §§ 404.1527 (c)(4), 416.927(c)(4), Tr.  
21 32 (citing 498, 514). Moreover, the ALJ indicated neither Dr. Faiola’s October 2017 opinion, nor  
22 Dr. Faiola’s other opinions, were rejected outright. Tr. 31–32. The ALJ included a sit/stand  
23 option consistent with plaintiff’s testimony and Dr. Faiola’s opinions. Tr. 32. In addition, the

1 ALJ's rationale for giving only some weight to Dr. Faiola's January 2016 opinion that plaintiff  
2 was limited to working only five-hour shifts applies with similar force to Dr. Faiola's October  
3 2017 opinion she was limited to fours of work: after plaintiff's alleged onset date, she worked  
4 around 38 hours per week and continued to collect unemployment thereafter, indicating she was  
5 still looking for employment; and the objective findings on diagnostic imaging and presentation  
6 during neurological consultations were largely benign. Tr. 31 (citing Tr. 254, 441, 498–502,  
7 512–14, 538–45, 579, 581–82, 587–89).

8 Plaintiff argues the ALJ should not have discounted Dr. Faiola's opinion as being too  
9 heavily based on plaintiff's discounted testimony because Dr. Faiola also based his opinion on  
10 objective observations such as leaning diagonally while sitting and his prescription of heavy  
11 opioid medications to manage her pain. Dkt. 13, at 6–7. Plaintiff also argues the ALJ should have  
12 concluded the medical record was consistent with Dr. Faiola limiting plaintiff to four hours of  
13 work daily, and that the ALJ should have indicated in the RFC that plaintiff needed to use a cane.  
14 *Id.* Dr. Faiola did not, however, indicate in his October 2017 opinion or elsewhere the basis for  
15 plaintiff's stamina restriction and it was reasonable for the ALJ to infer Dr. Faiola relied  
16 primarily on plaintiff's discounted self-reports. The ALJ did not determine Dr. Faiola had *no*  
17 objective basis for his opinions, i.e., the ALJ did not suggest plaintiff showed no cognizable  
18 symptoms of pain or postural limitations. Rather, the ALJ discounted both plaintiff's testimony  
19 and Dr. Faiola's assessment about the severity of plaintiff's restrictions. There is no evidence Dr.  
20 Faiola either prescribed a cane or opined plaintiff could not be mobile without use of a cane and  
21 no such inference can be reasonably made unless plaintiff's testimony is accepted in its entirety.  
22 Although plaintiff's alternative interpretation of the evidence is plausible, she does not  
23 demonstrate the ALJ's specific and legitimate reasons for discounting Dr. Faiola's October 2017

1 opinion—overreliance on plaintiff’s discounted subjective complaints and inconsistency with the  
2 objective medical record—were unreasonable or unsupported by substantial evidence. *See*  
3 *Arkansas v. Oklahoma*, 503 U.S 91, 113 (1992).

4 The Court accordingly concludes the ALJ did not harmfully err as a matter of fact or law  
5 by discounting the opinion of treating physician Dr. Faiola.

6 **2. Opinion of Non-examining, Reviewing Physician Dr. Packer**

7 The ALJ may discount the opinion on a non-examining, reviewing physician such as Dr.  
8 Packer by referring to specific evidence from the record. *Sousa v. Callahan*, 143 F.3d 1240, 1244  
9 (9th Cir. 1998). The Court finds the ALJ referred to specific evidence from the record for  
10 discounting Dr. Packer’s opinion.

11 In April 2015, non-examining physician Dr. Packer reviewed and agreed with the  
12 disabling limitations assessed by non-examining physician Nicholas Swiatkowski, M.D. Tr. 506–  
13 11 (Dr. Packer); *see* Tr. 377–83 (Dr. Swiatkowski). The ALJ gave little weight to Dr. Packer’s  
14 assessment because it was based on Dr. Swiatkowski’s discounted opinion (the rejection of  
15 which is not challenged here), was inconsistent with the longitudinal medical evidence that  
16 showed limited objective findings on diagnostic studies, and was inconsistent with plaintiff’s  
17 attempt to work for several months and the ability to complete household chores throughout the  
18 day. Tr. 31. That plaintiff does not challenge the ALJ’s rejection of Dr. Swiatkowski’s opinion is  
19 sufficient reason to affirm the ALJ’s discounting of Dr. Packer’s non-examining opinion based  
20 in-part on Dr. Swiatkowski’s conclusions. Dr. Swiatkowski’s opinion, provided on a checkbox  
21 form, is not only conclusory, it is self-contradictory. Although Dr. Swiatkowski concluded  
22 plaintiff was unable to perform sedentary work, he described her subjective symptoms and

1 treatment history by stating “see note 4/16/15” (i.e., the same date as his review of the records),<sup>3</sup>  
2 described her range of motion as “all appear normal,” and for his treatment recommendation  
3 stated “can[]not treat what has not yet been diagnosed.” Tr. 377–79. Nonetheless, the ALJ also  
4 referred to other specific evidence that undermined Dr. Packer’s opinion: contradiction by  
5 longitudinal medical evidence regarding objective findings and by daily activities such as  
6 working for a period at 38 hours per week. Tr. 31 (citing Tr. 42–84, 399–401, 459, 462, 512–14,  
7 587–89); *see, e.g.*, Tr. 49, 52–53, 61, 254, 441.

8 The ALJ accordingly did not harmfully err as a matter of fact or law by discounting the  
9 opinion of non-examining, reviewing physician Dr. Packer.

10 **3. Plaintiff’s Testimony**

11 An ALJ may reject a claimant’s subjective complaints by offering specific, clear and  
12 convincing reasons for doing so. *Molina v. Astrue*, 674 F.3d 1104, 1122 (9th Cir. 2012). The  
13 Court finds the ALJ cited specific, clear and convincing reasons for discounting plaintiff’s  
14 testimony about the severity of her symptoms.

15 The ALJ accounted for plaintiff’s physical complaints of low-back pain, tailbone pain,  
16 and numbness in her feet by limiting plaintiff a restricted range of sedentary work with an  
17 alternating sit/stand option.<sup>4</sup> Tr. 23. The ALJ discounted the severity of plaintiff’s symptom  
18 testimony because her allegations were inconsistent with (1) the objective evidence;

19  
20 <sup>3</sup> Although Dr. Packer does not indicate to which notes he was referring, the record contains the  
April 16, 2015 treatment notes of Dr. Faiola. Tr. 458–60. In those notes, Dr. Faiola observed:  
21 “[S]omewhat an[tal]gic gait and station. Extremities are unremarkable. She denies any lost ROM  
and we thus did not test specific measurements w[h]ich do grossly appear fully normal.”; and  
22 Much improved in posture, she is standing straight and tall, walking freely though with a SPC.”  
Tr. 459.

23 <sup>4</sup> Plaintiff does not challenge the ALJ’s RFC assessment of mental restrictions that limited her to  
no fast-paced production demands or unusual stressors. Tr. 23. Such a challenge has therefore  
been waived. *See Indep. Towers of Wash. v. Washington*, 350 F.3d 925, 929–30 (9th Cir. 2003).

1 (2) plaintiff's other statements; (3) her daily activities; (4) her searching for and attempting to  
2 work; and (5) her receipt of unemployment benefits after the alleged onset date of disability. Tr.  
3 24–28, 30. These reasons are clear and convincing.

4 First, although pain testimony cannot be rejected on the sole ground it is not fully  
5 corroborated by objective medical evidence, it was reasonable for the ALJ to have considered the  
6 medical evidence as a relevant factor in determining the severity of the pain and its disabling  
7 effects. *See Rollins v. Massanari*, 261 F.3d 853, 857 (9th Cir. 2001). Plaintiff alleged she was  
8 unable to stand or sit more than fifteen minutes at a time or walk more than three-hundred yards  
9 due to back and tailbone pain. Tr. 65–66. In contrast to these allegations, imaging of plaintiff's  
10 back and tailbone revealed no significant pathology. Tr. 400–01, 455, 514, 563, 567, 581–82,  
11 584, 587–89. In addition, throughout the record plaintiff displayed normal gait, station, balance,  
12 and movement of extremities, despite tenderness to palpitation. Tr. 434–35, 442, 449, 453, 456,  
13 458–59, 461–62, 498–99, 539–40, 543–44, 549, 562, 565, 568, 574. Although plaintiff contends  
14 the ALJ should have given more weight to her allegations of pain because she was prescribed  
15 opioid pain relievers, there is no dispute plaintiff suffered from pain. The salient question is  
16 whether the pain was so severe as to be disabling even with medication. In April 2015, Dr. Faiola  
17 stated plaintiff had been “coping at work by narcotic analgesia” before she was terminated for  
18 non-medical reasons. Tr. 458. Non-examining agency physician Dr. Bernardez-Fu noted  
19 plaintiff “appears to have a narcotic dependence and is not fully honest about her opiate use.” Tr.  
20 120. This conclusion is plausibly reflected in a nurse's question in clinical notes about whether  
21 the visit was “a manipulation looking for more pain meds?”, Tr. 437; in Dr. Faiola's March 2016  
22 observation that “[t]here is a bit of defiance as we challenge her on picking up the diclofenac and  
23 lidocaine she had ordered 2 weeks ago, while complaining she had no pain meds, having run

1 out," Tr. 434; and in Dr. Faiola's March 2017 concern plaintiff was duplicating requests for  
2 some of her medications months before needed, Tr. 567.

3 Second, the ALJ cited to inconsistencies in plaintiff's statements and conduct that  
4 undermined her allegations. Tr. 30; *see Molina*, 674 F.3d at 1112. For example, although  
5 plaintiff stated she used a cane whenever she could not lean on something, Tr. 59, 65, 310, in an  
6 August 2015 examination her gait was normal, she walked unaided, and she could stand on her  
7 heels and toes. Tr. 514. Similarly, although in 2016 plaintiff informed the agency that she did not  
8 feed her dog, Tr. 305, in 2017 she told her doctor she injured her finger while cutting meat for  
9 her dog, Tr. 567.

10 Third, the ALJ reasonably concluded her daily activities suggested sedentary work with  
11 restrictions rather than inability to perform work. Tr. 30. Although plaintiff referred to an  
12 inability to lift more than five to ten pounds, Tr. 309, she stated she must on occasion lift her 80-  
13 pound, struggling dog to place him into a kennel, Tr. 266. Plaintiff's daily activities included  
14 shopping for groceries, preparing meals for herself and her husband, cleaning, doing the laundry,  
15 and driving. Tr. 62, 267–68, 369. Although plaintiff contends she can complete her daily  
16 activities only when they are performed in her own way and with frequent recliner breaks, it was  
17 not an unreasonable inference for the ALJ to have determined that such activities discredited the  
18 severity of plaintiff's allegations because they contradicted her claims of a totally debilitating  
19 impairment. Tr. 30; *Molina*, 784 F.3d at 1112. The ALJ accommodated plaintiff's assessed  
20 physical restrictions by limiting the amount of time she could work in a sedentary posture, by  
21 limiting her to two hours on her feet, and by requiring a sit/stand option.

22 Fourth, the ALJ cited plaintiff's searching for and attempting to work as a reason for  
23 discounting the severity of her allegations of disability. Tr. 25–26, 30. For example, although

1 plaintiff alleged disability as of February 2015, in April 2015 she told a DSHS psychiatric  
2 examiner that she had been applying for work but could not be hired because her former  
3 employer tells prospective employers that she cannot be trusted, and that she went to Work  
4 Source daily and to Bridge to Work weekly. Tr. 368–69. Similarly, plaintiff testified to working  
5 for up to 39 hours on a seasonal job. Tr. 52. Although such attempts to work were not sufficient  
6 to constitute substantial gainful activity, they could be reasonably construed as suggesting an  
7 ability to do more work than she actually did. 20 C.F.R. §§ 404.1571, 416.971; *see, e.g., Bray v.*  
8 *Commissioner of SSA*, 554 F.3d 1219, 1227 (9th Cir. 2009).

9 Fifth, the ALJ discounted the severity of plaintiff’s symptom testimony because plaintiff  
10 received unemployment from the first quarter of 2015 through the third quarter of 2016. Tr. 30.  
11 A claimant’s receipt of unemployment benefits can be a valid basis to reject allegations of  
12 disability if it shows that an applicant held herself out as available for full-time work. *See*  
13 *Copeland v. Bowen*, 861 F.2d 536, 542 (9th Cir. 1988); *see also Ghanim*, 763 F.3d at 1165.  
14 Because in Washington a person can generally receive unemployment benefits only if she holds  
15 herself out as available for full-time work, the ALJ could reasonably infer that plaintiff’s receipt  
16 of unemployment benefits indicated that she had held herself out to be more capable of working  
17 than her symptom testimony suggested. *See* R.C.W. § 50.20.010; W.A.C. § 192-170-010.

18 The ALJ did not harmfully err as a matter of fact or law by discounting plaintiff’s  
19 testimony about the severity of her physical limitations.

20 **4. Lay Testimony by Plaintiff’s Husband**

21 An ALJ must offer germane and specific reasons for discounting lay testimony such as  
22 the testimony of plaintiff’s husband. *See Bruce v. Astrue*, 557 F.3d 1113, 1115–16 (9th Cir.  
23 2009). The Commissioner concedes that the ALJ did not offer valid reasons to reject the lay

1 testimony by plaintiff's husband, Tr. 33, but argues that this error was harmless. The Court  
2 agrees.

3 An ALJ's failure to comment upon lay witness testimony is harmless where the same  
4 evidence that the ALJ referred to in discrediting a claimant's claims also discredits the lay  
5 witness's claims. *Molina*, 674 F.3d at 1122. Thus, plaintiff's protestations that the testimony by  
6 plaintiff and by plaintiff's husband are not *identical* is immaterial: the substantial evidence that  
7 discredits plaintiff's testimony applies with equal force to discredit the lay testimony by  
8 plaintiff's husband. In fact, it may be reasonably inferred that the discrepancies between  
9 plaintiff's testimony and the testimony by her husband suggest fewer limitations. For example,  
10 while plaintiff reported not feeding the dog, Tr. 305 (March 2016), her husband stated that "she  
11 take[]s care of the dog and if she leave[]s she puts him in the kennel," Tr. 317 (March 2016). *See*  
12 also Tr. 567 (March 2017 medical notes in which plaintiff reported cutting finger while cutting  
13 meat for dog). Similarly, while plaintiff stated that she was no longer able to sit for eight hours or  
14 stand for more than 15-20 minutes, Tr. 265, her husband stated that "she can't sit or stand for a  
15 full 8 hours *with[]out taking her pain medication*," Tr. 316 (emphasis added). Moreover, it could  
16 be reasonably inferred that his elaborations on plaintiff's daily activities suggest greater  
17 functionality than alleged. For example, while plaintiff testified that her daily chores included  
18 preparing lunch for her husband and doing the dishes, Tr. 62–63, and reported that her "vacuum  
19 is too heavy" to complete housework, Tr. 307, her husband stated that plaintiff's chores included  
20 making breakfast, lunch, and dinner for herself every day, *vacuuming*, doing the laundry,  
21 washing dishes, caring for the dog, getting the mail, keeping the house tidy, driving, and grocery  
22 shopping. Tr. 317–19.

The ALJ erred by failing to cite germane and specific reasons for rejecting the lay testimony by plaintiff's husband, but this error was harmless.

## 5. Step Five Evaluation

Because plaintiff has failed to demonstrate that the ALJ harmfully erred with respect to the medical evidence and the testimony, she has failed to demonstrate that the ALJ harmfully erred at step five of the sequential evaluation by relying on an incomplete RFC assessment.

## CONCLUSION

For the foregoing reasons, the Commissioner's decision is **AFFIRMED** and this case is **DISMISSED** with prejudice.

DATED this 27<sup>th</sup> day of November, 2019.

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*BT*  
BRIAN A. TSUCHIDA  
Chief United States Magistrate Judge